

Start Smart Checklist

Make the most of this course and learn effectively

1. Before You Start

- Decide when and where you'll study (set a fixed time & quiet space)
- Plan how many lessons you'll complete each week
- Keep a notebook or note-taking app ready
- Commit to small, consistent learning blocks (20–30 mins each)
- Remind yourself why you're taking this course—write down your goal

2. While Learning

- Watch lessons with full focus (no multitasking)
- Take quick notes: – 1 thing you already knew – 1 new insight – 1 question you still have
- Pause after each lesson & summarize in your own words
- Use AI tools (ChatGPT, Gemini, Claude) to clarify tough concepts
- Try a small application or example after every module

3. Time & Energy Management

- Learn in short sessions with breaks (Pomodoro method works great)
- Match your study time with your high-energy hours
- Don't binge-watch – let ideas sink in

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4. Reinforce & Apply

- Do the quizzes and exercises—don't skip them
- Share what you learned with a friend or online
- Connect lessons to real-life situations

5. Stay on Track

- Tick off each lesson as you complete it
- Celebrate small wins (finished a module? Treat yourself!)
- If you feel stuck, revisit notes or re-watch lessons
- Remember—progress is more important than perfection